# **LLAVANERES, A SAFE TOWN**

#### **Prevention is better than cure**

- Avoid carrying valuable objects. Watch your belongings in open spaces, terraces and public transport, and avoid crowds.
- Carry only essential documentation and the minimum of cash.
- When leaving the accommodation, close the doors and windows, turn off the lights and turn down the heating or air conditioning.

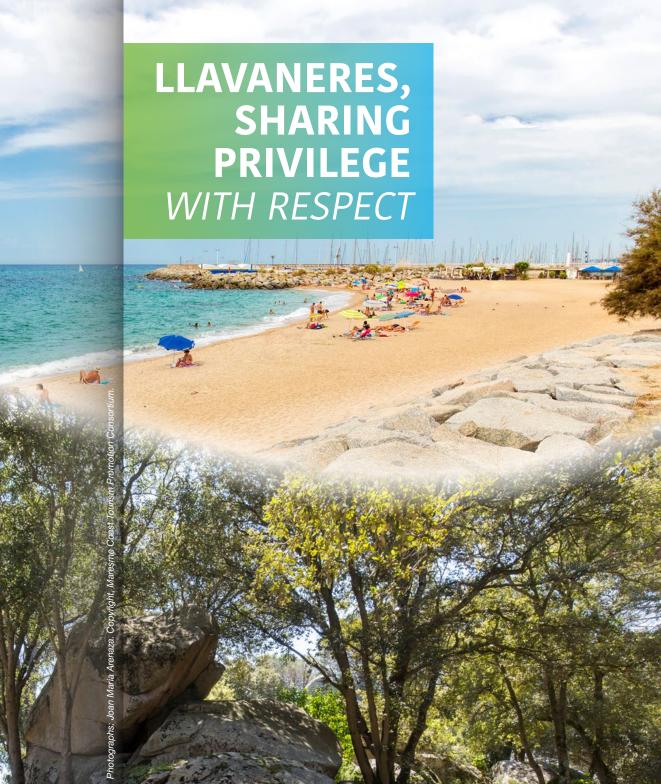
## Your health and the community's health are a priority

- Your accommodation has been thoroughly disinfected.
- Observe the hygiene and protection measures against Covid-19: mask, safe distance, hand-washing and ventilation.
- Latest information: canalsalut.gencat.cat

#### **Telephones and addresses of interest**

- 112, emergency services: available 365 days a year, 24 hours a day.
- **061, public health service medical helpline:** available 365 days a year, 24 hours a day.
- Mataró Police (Mossos d'Esquadra): 937 418 100
- Mataró Hospital: ctra. de Cirera, 230, 08304 Mataró. Accident and emergency service open 24 hours a day.
- Arenys de Mar Medical Centre, CAP: av. d'Auterive, s/n, 08350 Arenys de Mar, 937 958 074. Emergency service.
- Local Police: c/ de la Indústria, 4, 937 926 969 / 607 922 222
- Llavaneres Medical Centre, CAP: pg. de Jaume Brutau, s/n, 937 928 707





## Welcome to your home!

Llavaneres is a welcoming town: we are happy for you to visit us and enjoy everything we have to offer.

Sea, mountain and the exceptional weather of the Maresme region.

Fine facilities to play your favourite sports.

A Catalan Art Nouveau heritage to discover and a museum, in Can Caralt, with a gallery and exhibition hall featuring works by prestigious artists.

A wide variety of top quality restaurants where you can taste our products with a guarantee of quality: Llavaneres peas, if in season; the coca de Llavaneres (a traditional local pastry), all year; and also the stuffed apple, around Saint Andrew's Day.

Local shopping: people at the service of people, always offering the best products.

In Llavaneres, we are all about sea and mountain, as well as sport and gastronomy, Catalan Art Nouveau and shopping.

Thank you for choosing us: it's a pleasure to share the privilege of being in Llavaneres with you.

# **SHARING PRIVILEGE WITH RESPECT**



1 Respect your neighbours' sleep: we all have to face a new day tomorrow. In particular, please don't make any noise between 10 pm and 8 am.



2 Enjoy the streets, squares, green spaces, mountain and beach, but without leaving any litter behind. Respect street furniture and green zones.



4 Only use the energy and water you need. This is a country where water is a scare resource.



5 Get around on foot, bicycle, bus or

train: it's cheaper, sustainable and healthy.



6 Enjoy shopping, local producers and gastronomy. Don't leave without trying the coca de Llavaneres (a traditional local pastry), the stuffed apple, and peas.



7 On your outings, remember to take appropriate clothing, comfortable footwear, water and a bag for litter.



8 Read the information available in your accommodation: you'll find instructions about what to do in case of flood or fire.



9 Discover the Llavaneres festival calendar, activities for all the family, markets and fairs.



10 Don't hesitate to ask your host: he or she will be delighted to help you.



3 Produce the minimum of rubbish

and recycle appropriately.

aillavaneres.cat/transports